

# New TV channel for Notts GP surgeries

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PATIENTS at GP surgeries used to only have creased copies of old magazines to fill in the time they were waiting to see their doctor.

But now 10 practices across Notts have come up with a new way to keep patients occupied and provide them with health information at the same time.

The surgeries have signed up to a deal with the Life Channel to show the station in their waiting rooms.

They are also able to create their own individual television channels – and NHS Notts County has already produced its first programme.

A further 27 surgeries across Notts are also set to sign up over the coming weeks and a 90-minute loop of local and national advice, aimed at people of all ages, will be shown in waiting rooms.

Practices already showing the channels include Church Walk Surgery, in Eastwood, and Kimberley Medical Centre.

Over the coming weeks, channels will also be unveiled at practices in Mansfield, Newark, Ruddington, Stapleford and West Bridgford.

Sarah Petter, practice manager at Church Walk Surgery, which has two television screens showing the practice's channel, said: "They are excellent. The staff have commented on how well-watched they are.

"There are topical things at the moment, such as swine flu. Then we have customised things such as the importance of not missing appointments."

The Life Channel is already used by other GP surgeries nationally but it was unveiled at the first 10 Notts surgeries on May 1.

Dr Chris Kenny, director of public health at NHS Notts County, said: "Our key aim is improving the health and wellbeing of people in Nottinghamshire and this is a fantastic way of inspiring local communities.

"We want everyone to live more healthily and the Life Channel will help to get the message across."

NHS Notts County's first video on the Life Channel explains its plan to improve health in the county. Other planned videos include tackling obesity and how to prevent falls for the elderly.

To see one of the videos, go to: [thisisnottingham.co.uk](http://thisisnottingham.co.uk).  
[samantha.hughes@nottinghameveningpost.co.uk](mailto:samantha.hughes@nottinghameveningpost.co.uk)

